



What is your level of physical activity at this time \_\_\_\_\_

Is there a history of mental illness or substance abuse in your family \_\_\_Yes \_\_\_No

If

Yes \_\_\_\_\_  
\_\_\_\_\_.

Primary reason(s) for seeking services: \_\_\_\_\_  
\_\_\_\_\_.

Past experiences with therapy/counseling/mental health care \_\_\_\_\_  
\_\_\_\_\_.

Prior mental health or medical diagnosis \_\_\_\_\_

Prior psychological or psychiatric evaluation \_\_\_\_\_

Prior or current medications taken \_\_\_\_\_

Please list any significant medical problems: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have any of the following been sources of distress in your life:

- |                         |                     |                   |
|-------------------------|---------------------|-------------------|
| ___ Abuse in childhood  | ___ Anxiety         | ___ Anger         |
| ___ Career difficulties | ___ Chronic illness | ___ Friendships   |
| ___ Coping with stress  | ___ Depression      | ___ Sleep         |
| ___ Manic episodes      | ___ Grief and loss  | ___ Relationships |
| ___ Divorce (parents)   | ___ Divorce(self)   | ___ Academics     |
| ___ Hallucinations      | ___ Parenting       | ___ Career        |
| ___ Recent move         | ___ Sadness         |                   |

- \_\_\_\_ Self Harm/Self abuse      \_\_\_\_ Suicidal thoughts      \_\_\_\_ Isolation
- \_\_\_\_ Suicide attempts      \_\_\_\_ Family violence      \_\_\_\_ Social withdrawl
- \_\_\_\_ Decrease concentration      \_\_\_\_ Change in energy level
- \_\_\_\_ Phobias      \_\_\_\_ Obsessions(intrusive thoughts)
- \_\_\_\_ Binging/purging      \_\_\_\_ Compulsions(Repetitive behaviors)
- \_\_\_\_ Weight      \_\_\_\_ Alcohol      \_\_\_\_ Lying
- \_\_\_\_ Emotional eating      \_\_\_\_ Compulsive Shopping      \_\_\_\_ Skin picking
- \_\_\_\_ Repetitive Hair pulling      \_\_\_\_ Selective Mutism      \_\_\_\_ Panic attacks

Who or what do you consider to be your greatest source of support during difficult times?

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Please provide any other information that you believe might be relevant to our work together? \_\_\_\_\_

## Consent for Treatment

I give my consent for the completion of my initial evaluation and provision of treatment as necessary by Alicia Kruger, LPC. I understand that no promises have been made to me as to the result of treatment by Alicia Kruger, LPC. If I have questions about any aspect of my treatment or therapy I will discuss them with Alicia Kruger, LPC

Signature below indicates consent for treatment. The following information is required for consent for treatment for Children, adolescents and vulnerable adult with guardians, as well as adults.

Name of Client \_\_\_\_\_

Name of Person Giving Consent/Relationship to Client \_\_\_\_\_

By my signature below, I consent to treatment and agree to terms above.

Signature \_\_\_\_\_

(Date)

## Cancellation Policy

Your scheduled appointment time is time reserved just for you. Missed or cancelled appointments without a 24 hour notice will be charged to the client at the full office rate of \$180 for that appointment. Should you need to cancel your appointment time please call 24 hours in advance to avoid being charge. Insurance is not responsible for and will not pay for missed or late cancelled appointments . Clients may cancel/reschedule an appointment by calling (512-658-7704).

Client Signiture \_\_\_\_\_ Date \_\_\_\_\_

## Client Acknowledgment of Understanding and Agreement

Client Name: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

### 1. HIPAA.

I acknowledge that Alicia Kruger, LPC has provided me with a written copy of Client Policy. I have reviewed this policy and by signing below acknowledge both my understanding of and agreement with the policy.

Client signature or Parent/Guardian signature \_\_\_\_\_

(Date)

### 2. Notice of Privacy Practices

I acknowledge that Alicia Kruger, LPC has provided me with a written copy of Notice of Privacy Practices. I have reviewed this notice and by signing below acknowledge both my understanding of and agreement with the policy.

Client signature of Parent/Guardian Signature \_\_\_\_\_

## Patient Confidential Communications

The Health Insurance Portability and Accountability Act (HIPAA) gives you the right to request that Alicia Kruger, LPC communicates financial and/or medical information to you in confidence by a particular method or certain locations.

In order to protect the privacy and confidentiality of your information; please complete the following which tells me how you would like to be contacted.

I wish to be contacted in the following manner (check all that apply):

### Phone Communications

Home Telephone Number \_\_\_\_\_

Work Telephone Number \_\_\_\_\_

Cell Phone Number \_\_\_\_\_

Leave message with your name and call-back # on answering machine

Leave message with medical information on answering machine

### Written Communication

Mail information to my home address on file

Mail information to other address:

\*\*\*\*\* (to request for communication via E-mail or Text message please read and sign Consent for Unencrypted Communication document)\*\*\*\*\*

## CONSENT TO USE UNENCRYPTED E-MAIL OR TEXT

It is very important that you are aware that computer e-mail, texts, and e-fax communication, can be relatively easily accessed by unauthorized people and hence can compromise the privacy and confidentiality of such communication. E-mails, texts, and e-faxes, in particular, are vulnerable to such unauthorized access due to the fact that servers or communication companies may have unlimited and direct access to all e-mails, texts and e-faxes that go through them. While data on Alicia Kruger, LPC laptop is encrypted, e-mails and e-faxes are not. It is always a possibility that e-faxes, texts, and e-mail can be sent erroneously to the wrong address and computers. . E-mail messages on your computer, your laptop, iPad, phone or other devices have inherent privacy risks – especially when your e-mail access is provided through your employer or when access to your e-mail messages is not password protected.

Alicia Kruger, LPC laptop is equipped with a firewall, a virus protection and a password, and all confidential information from the computer is backed up on a regular basis onto an encrypted harddrive. Please, note that e-mails, faxes, and texts are all part of your clinical records. Please notify Alicia Kruger, LPC if you decide to avoid or limit, in any way, the use of e-mail, texts, cell phone calls, phone messages, or e-faxes. If you communicate confidential or private information via unencrypted email, texts or e-fax or via phone messages, it will be assumed that you have evaluated the risks and made an informed decision, Alicia Kruger, LPC will view it as your agreement to take the risk that such communication may be intercepted, and your desire to communicate on such matters will be honored. Please do not use texts, e-mail, voice mail, or faxes for emergencies.

Patient's Name: \_\_\_\_\_

Cell Phone Number: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Patient's Signature: \_\_\_\_\_

Alicia Kruger, LPC will continue to communicate with you according to your above response(s) until you change your preferences. You may do so by completing a new form.

By your signature below, you agree to be communicated in the above manner.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

Patient Name \_\_\_\_\_